TRANSPORTATION ALTERNATIVES
Mobility Choices for a Healthy, Sustainable Menlo Park

How Do You Get Around Town?

Traffic contributes more than forty percent of the global warming carbon emissions in Menlo Park, releasing air pollution and causing more than a little frustration over gridlock. Here are some ideas to help you lighten your driving and move Menlo Park to be vibrant, green and healthy!

Try an alternative to driving:

Walk, bike, ride a scooter or skate to local destinations and you can replace a trip to the gym and a stop at the gas station. Riding a bike 20 miles a week instead of driving a car that gets 20 miles per gallon, can reduce your carbon footprint by more than 1,000 pounds in a year.

If your work allows it, try working from home one day a week. Telecommuting is another great option to cut down on commuter miles.

Take public transit, and let someone else do the driving. Try a free shuttle (see schedules at: menlopark.org/shuttles, and for trip planning help, check out Google’s Transit Trip Planner or 511.org.

Use a ride share or car service like Uber or Lyft to be there for you with an occasional ride when you need it, and help your household shed and extra car. A family going from two cars to one could save $3,000 or more in a year.

When you need to drive, lighten your impact:

- Try carpooling, which saves on fuel costs, parking fees, and tolls. Connect through Carma, Zimride or any car sharing app.
- Make your next car electric or a hybrid, and save fuel and money. Just by upgrading to a vehicle that gets 10 mpg better mileage, you can save up to 4,000 pounds of carbon and $400 on fuel each year. For dozens of cleaner car choices, see DriveClean.ca.gov.
- Drive smart by avoiding speeding, keeping tires inflated, and combining errands to cut emissions down and save fuel. See greencars.org/green-driving.

More Resources

Bicycles
SV Bicycle Coalition bikesiliconvalley.org
Menlo Park Bicycle menlopark.org/154/bicycle-commission
Commission
Cleaner Cars
Drive Clean driveclean.ca.gov
Green Cars greencars.org
Climate Action
Cool California coolcalifornia.org
Menlo Spark menlopark.org
Public Transit
511 Trip Planner 511.org
Caltrain caltrain.com
Transit Trip Planner google.com/tranit
Menlo Park Shuttles menlopark.org/shuttles
SamTrans samtrans.com

PRESENTED BY THE MENLO PARK CHAMBER OF COMMERCE